

Realistic Parole Plans

Which county will you parole to?

Where will you reside upon release?

Do you have employment lined up?

How will you transport yourself around?

How will you get sustenance?

NECESSARY ADDRESSES / PHONE NUMBERS FOR:

Birth certificate:

Identification Card:

Driver's License:

Social Security Card:

Bank Account:

Health Insurance:

Life Insurance:

GOALS UPON RELEASE:

One Day Goal:

One Week Goal:

One Month Goal:

One Year Goal:

Two Year Goal:

Three Year Goal:

Four Year Goal:

Five Year Goal:

Parole Plan Checklist

Name:

CDCR#:

Institution:

County of Last Legal Residence:

HOUSING PLANS

Will you live with a relative, friend, alone, or in a housing facility?

Name of Person or Contact Person:

Address & Description:

Telephone Number(s):

Rent Amount (Per Month):

Other Options:

Name of Person or Contact Person:

Address & Description:

Telephone Number(s):

Rent Amount (Per Month):

Do you have letters confirming your housing situation upon release?

EMPLOYMENT PLANS

Name of Company & Type of Work:

Name of Contact Person:

Address:

Telephone Number(s):

Pay Amount (Per Hour/Week/Month):

Other Options:

Name of Contact Person:

Address:

Telephone Number(s):

Pay Amount (Per Hour/Week/Month):

Transportation to & from Work (Indicate Person or Source of Transport):

Are you a veteran?

What type of discharge?

Do you have a resume?

Other Marketable Skills:

Amount of Money Saved:

Entitled to SSI Benefits?

Do you have letters confirming your employment opportunities upon release?

SELF-HELP / THERAPY PLANS

What groups or therapy will you attend (AA/NA, etc.)?

Where are the groups or therapy located?

How often do you plan to attend?

Do you have a sponcer, contact person or phone number?

Do you have a relapse prevention plan?

Transportation to & from Groups /Therapy:

Other Support Networks (Church, Mentors, etc.):

Do you have letters confirming these opportunities upon release?

ADDITIONAL PLANS OR AREAS OF SUPPORT NEEDED

Indicate areas you would like additional resources for (halfway housing, support groups, sponcers, etc.):