

Gaining Insight into Victim's Impact

VICTIMS IMPACT – SELF AWARENESS

Give an objective statement about the situation (what happened)?

What specifically did you do?

Why did you do what you did?

What life circumstances led you to believe your actions were permissible?

VICTIM'S IMPACT – INDIVIDUAL IMPACTS

How did you effect your victim financially?

How did you effect your victim physically?

How did you effect your victim emotionally?

How did you effect your victim spiritually?

VICTIM'S IMPACT – THE RIPPLE EFFECT

How did you effect your victim's immediate family?

How did you effect your victim's extended family and friends?

How did you effect the first responders and/or eye witnesses?

How did you effect your community?

VICTIM'S IMPACT – REMORSE

What are you remorseful for?

How can you show or express your remorse?

What are ten ways you can help heal your community?

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What is one thing you can do **today** to help improve your community?

VICTIM'S IMPACT – REMORSE LETTER

Write a letter to your victim(s).

Do NOT Send This Letter. This is for Self Awareness Purposes Only.

Be Sure to Include the Following:

- 1 What You Did to the Victim
- 2 What Affects that had on the Victim
- 3 A Genuine Apology
- 4 A Statement that You Will Never Do the Behavior Again
- 5 What You Will Do in the Future Instead (if in a Similar Situation)

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